

7. Of my experiences in the last few years, the most pleasurable were:

8. Of my experiences in the last few years, the ones that gave the greatest sense of accomplishment were:

9. In reviewing my “Ten Year Projection”, the most important observations I made were:

Who Am I

Now that you have imagined the future, let's return to the present. The purpose of these exercises is to aid you in drawing together information about yourself. You will use this information in goal setting and planning.

1. In what you are doing now, what is giving you:
 - a) The greatest sense of accomplishment?

- b) The least sense of accomplishment?

2. What are your personal strengths?

3. What areas need development?

4. Many people have a “secret project” or a very private plan for “sometime” in life. What is your real aim in life?

5. Many of us would like to have the freedom to do the things we want to do when we want to do them. What would you do if you had:

a) One Hour

b) One Day

c) One Week

d) One Year

6. Who am I?

7. A statue is built in your honor. What would you want to list on the plaque as the major accomplishments of your life?

8. As a result of reviewing what I've written, I feel that the areas that motivate me are:

a)

b)

c)

d)

e)

f)